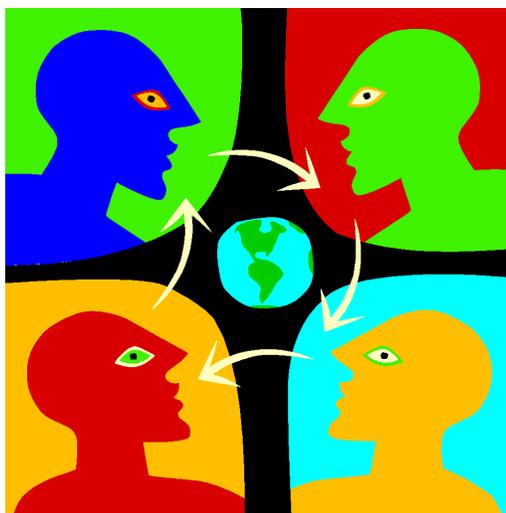


# Bloomingtondale Family Program, Inc.

Resource Listing

For

Children and Families



Lista de Recursos

Para

Niños y Familias

Revised July, 2024

Emergency Only!

Ambulance, Fire, Police

911

New York City Government information/complaint line  
Línea para información y quejas de agencias gubernamental de NYC

311

**NYC Poison control center**  
**Centro de envenenamiento**  
**24 hours**

**1 800 222-1222**

Website/sitio web:

NYC services and government information /información sobre la ciudad y sus servicios:

[www.nyc.gov](http://www.nyc.gov) (English and Spanish)

## Table of Contents

After School Programs.../ programas después de la escuela.....	4
Childcare / Cuidado de niño.....	4
Domestic Violence and Abuse/...violencia domestica y abuso.....	5
Educational Advocacy / recursos para asegurar la educación de niños / quejas e información educacional.....	6
Employment and Job Training and Education / empleo y entrenamiento de empleo y educación.....	6
Family Court / corte de familia.....	7
Food Stamp Centers / cupones de alimento.....	8
Free Legal Services / servicios legales gratuitos.....	8
Health Insurance Assistance / asistencia de seguro medico.....	11
Immigration and Naturalization Resources / recursos de inmigración y naturalización.....	12
NYC Jobs Centers (Public Assistance) / centro de trabajo de NYC (asistencia publica).....	13
Mental Health Services /agencias de salud mental.....	14
Social Services / servicios sociales.....	16
Women, Infants, and Children Program WIC.....	17

**After School Programs / programas después de la escuela**

<https://www.schools.nyc.gov/school-life/school-environment/after-school>

**ChildCare/Cuidado de niño**

NYC Childcare Finder / Buscador de cuidado de niños: <https://maps.nyc.gov/childcare-finder/>

**Center for Children's Initiatives (CCI)**

(formerly Child Care Inc.)

info@ccipolicy.org

<http://www.centerforchildrensinitiatives.org/>

**NYC Department of Health Bureau of Child Care**

1309 Fulton Ave, The Bronx, NY 10456

(718) 410-3903

2 Lafayette Street, 22nd floor, NYC, 10007

Bronx & Manhattan 212 676-2412/2444

Brooklyn & Staten Island 718 302-0152

Queens 718 520-8548

<https://www1.nyc.gov/site/doh/services/child-care.page>

<https://ocfs.ny.gov/programs/childcare/>

<https://ocfs.ny.gov/main/childcare/looking.asp>

**Committee for Hispanic Children and Families**

140 West 22nd Street, Suite 301, NYC, 10011

75 Broad St. Suite 620, New York, NY 10004

hello@chcfinc.org

Tel. 212 206-1090

<http://www.chcfinc.org/>

**RENA Day Care Center**

Supports in finding and applying for daycare services through the city

Tel: 212-795-3700/4103/4101

Fax: 212-795-7365 or 212-568-5229

Email: renadaycare639@gmail.com

renafdc2@aol.com

## **Domestic Violence & Abuse**

Elder Abuse Hotline / línea directa de abuso de ancianos

1 800 342-3009 press option 6

In NYC call 311, <http://www.eldercare.gov/>

Domestic Violence hotline / línea directa de abuso doméstica

1 800 621- 4673 (Safe Horizons)

Safe Horizon/Domestic Violence

800 621-HOPE

Family Court / corte de familias

60 Lafayette Street Room 4C, NYC, NY 10013

For victims of crime and abuse offers support, counseling and court assistance.

Para víctimas de crimen y abuso ofrecen apoyo, consejería y asistencia con la corte

<http://www.safehorizon.org/index.php>

SafeChat is now available Mon–Fri 9am–6pm <https://www.safehorizon.org/safechat/>

New Dawn Domestic Violence Hotline/Nuevo Amanecer línea directa de abuso doméstica

212-568-6616 Eng/Espanol

NYC Gay and Lesbian Anti-Violence Project

Tel. 212 714-1141

<http://www.avp.org/>

Barrier-Free Living (disabled) clients

bflnyc.org

info@bflnyc.org

NYC Department of Aging: resources and information/information para

<http://www.nyc.gov/html/dfta/html/home/home.shtml>

<https://www1.nyc.gov/site/dfta/index.page>

NYC Youth Line

1-800-246-4646

<http://www.nyc.gov/html/dycd/html/home/home.shtml>

## **Educational Advocacy/Recursos para asegurar la educación de niños / Quejas e información educacional**

### Advocates for Children of New York, Inc

Created to ensure equal educational opportunities, promote quality education services and overcome school failures for NYC public school students. Provides information on the best education programs and how to navigate the school system.

151 West 30th Street, 5th fl., NYC, 10001

Education Helpline: (866) 427-6033

Monday to Thursday, 10am to 4pm

<http://www.advocatesforchildren.org/>

### The Metropolitan Center of Sinergia, Inc.

Provide assistance to families and children with disabilities. Legal counseling in special education cases related to the Board of Education. Training for parents in advocacy. Case management for early intervention and special education. Housing, family support and residence. Support groups for families with children with autism.

Proveer asistencia a familias y niños con discapacidades. Asesoría legal en casos de educación especial relacionados con la Junta de Educación. Capacitación para padres en defensa. Manejo de casos para intervención temprana y educación especial. Vivienda, apoyo familiar y residencia. Grupos de apoyo para familias con niños con autismo.

(212) 643 2840

(866) 867 9665

2082 Lexington Avenue 4<sup>th</sup> floor

NYC NY 10035

information@sinergiany.org

[www.sinergiany.org](http://www.sinergiany.org)

### YAI National Institute for People with Disabilities

460 West 34th Street, 11th Fl., NYC, 10001

Tel. 212 273-6182

Not-for-profit health and human services agencies serving people with developmental/learning disabilities and their families. Direct services: Family support, job training and placement, residential services, recreation, healthcare and more.

<http://www.yai.org/>

### INCLUDEnyc -Resources for Children with Special Needs Tel. 212 677-4650

Provides parents and professionals with information and referral, advocacy and training on programs and services for children, up to age 21, who have learning, developmental, emotional or physical disabilities.

520 8<sup>th</sup> Ave 25<sup>th</sup> Floor Suite 2500

<https://includenyc.org>

## **Employment/Job training and Education/empleo y entrenamiento de empleo y educación**

NYC Workforce 1 Career Center (Labor Dept.)

Departamento de empleo/ entrenamiento de trabajo

<https://www1.nyc.gov/site/sbs/careers/virtual-wf1cc.page>

Contact page: <https://www1.nyc.gov/site/sbs/about/contact-us.page>

215 West 125 Street, 6 Fl. NYC 10027

Tel. 917 493-7000, 8:30am – 5pm

The Department of Youth and Community Development (DYCD) or call 311

DYCD supports New York City youth and their families by funding a wide range of high-quality youth and community development programs.

DYCD apoya la Ciudad de Nueva York de los jóvenes y sus familias mediante la financiación de una amplia gama de alta calidad para los jóvenes y los programas de desarrollo de la comunidad.

<http://www.nyc.gov/html/dycd/html/home/home.shtml>

Office of Adult and Continuing Education

New York City Department of Education

The Office of Adult and Continuing Education (OACE), the largest adult education provider in New York State, offers basic education and vocational education classes to adults age 21 and older. Our day, evening and Saturday classes are all tuition-free and taught by certified teachers.

[www.adultednyc.org](http://www.adultednyc.org)

<https://www.schools.nyc.gov/enrollment/other-ways-to-graduate/adult-education>

How to Enroll into Adult Education

- Email [adultednyc@schools.nyc.gov](mailto:adultednyc@schools.nyc.gov)
- Call (646)-481-8227

Free Financial Counseling and Coaching:

<https://access.nyc.gov/programs/nyc-financial-empowerment-centers/>

## **Family Court/ Corte de Familia**

Manhattan Family Court

212 374-3700

16463865223 information only

Website/sitio web:

<http://www.courts.state.ny.us/>

Parent Helpline

1-800-716-3468

[www.childfindofamerica.org](http://www.childfindofamerica.org)

Assistance for parents living apart who are having trouble sharing the children, problems with custody or need support.

Asistencia para padres que están separados y necesitan ayuda con custodia, visitación o apoyo.

Child Support Enforcement Helpline

1 888 208-4485

Child Abuse and Maltreatment Reporting/Reporte de abuso o maltrato de niños

Tel 1 800 342-3720

Call TDD/TTY at 1-800-638-5163

Adult Protective Services (Disabled and mental health) Protección de abuso para Adultos (incapacitados y problemas de salud mental)

Manhattan North Borough Office 212-971-2727

Manhattan South Borough Office 212-279-5794

1-844-697-3505

(M-F, 8:30am - 8pm)

(212) 630-1853 ([APSrefer@hra.nyc.gov](mailto:APSrefer@hra.nyc.gov))**Food Stamp Centers/Cupones de Alimento**St. Nicholas

132 West 125th Street, 5th floor, 10027

Tel. 212 666-8686

(Zip) 10025,26,27,30,31,37,39

Food and Hunger Hotline

Emergency referrals to soup kitchens and pantries/ Referencias de emergencia a las cocinas y despensas

Tel. 1-866-888-8777

Food Help NYC[https://finder.nyc.gov/foodhelp/?emci=379bdc82-436c-ee11-9937-](https://finder.nyc.gov/foodhelp/?emci=379bdc82-436c-ee11-9937-00224832eb73&emdi=0f7348b2-5b6c-ee11-9937-00224832eb73&ceid=14237001)[00224832eb73&emdi=0f7348b2-5b6c-ee11-9937-00224832eb73&ceid=14237001](https://finder.nyc.gov/foodhelp/?emci=379bdc82-436c-ee11-9937-00224832eb73&emdi=0f7348b2-5b6c-ee11-9937-00224832eb73&ceid=14237001)

## **Free Legal Advocate Services / Servicios legales gratis**

Harlem Neighborhood Defenders

317 Lenox Ave

NYC NY 10027

212 876 5500

Neighborhooddefender.org

Legal Services for NYC

40 Worth Street, Suite 606

New York, NY 10013

Tel. 646-442-3600

Website: <https://www.legalservicesnyc.org/>

Manhattan Legal Services

Multiple Locations:

1 West 125th Street

2nd Floor

New York, NY 10027

646-442-3100

40 Worth Street

Suite 606

New York, NY 10013

646-442-3100

Housing Court Office:

111 Centre Street

Room 103

New York, NY 10013

Legal Assistance Hotline is staffed Monday through Friday from 10am to 4pm.

Call 917-661-4500 to speak to an intake officer in any language.

Legal Aid Society

<https://legalaidnyc.org>

Locations in every borough: <https://legalaidnyc.org/our-locations/#manhattan>

Manhattan Housing Court Legal Aid

111 Centre Street Rm. 106

NY, NY 10013

Tel. 212-577-3300

Harlem Community Law Offices 212-426-3000

Theresa Towers, 2090 Adam Clayton Powell Jr Blvd. New York, NY 10027

Metropolitan Council On Housing  
 Tenants' Rights Telephone Hotline /  
 Línea directa de derechos de los inquilinos  
 HOTLINE / LINEA DIRECTA - 212 979 0611  
 Monday/LUNES, 1:30-8pm  
 Tuesday/MARTES, 5:30-8pm (new)  
 Wednesday/MIERCOLES, 1:30-8pm  
 Friday/VIERNES, 1:30-5pm

New York Legal Assistance Group  
 Also represents special needs people\*

7 Hanover Square, 18th Floor  
 New York, NY 10004  
 Entrance on Water Street  
 Tel. 212-613-5000  
 Website: <https://www.nylag.org/>

#### Her Justice

Her Justice serves New York City women living in poverty with high-stakes legal needs. You can call their live Legal Help Line and speak with a legal professional on Thursdays from 10AM to 1PM at 718.562.8181. You can also leave a voicemail on this line and one of our staff will return your call within 24 hours

#### Su justicia

Her Justice sirve a las mujeres de la ciudad de Nueva York que viven en la pobreza con necesidades legales de alto riesgo. Puede llamar a su Línea de ayuda legal en vivo y hablar con un profesional legal los jueves de 10 a.m. a 1 p.m. al 718.562.8181. También puede dejar un mensaje de voz en esta línea y un miembro de nuestro personal le devolverá la llamada dentro de las 24 horas.

#### Family Justice Center Offices:

Her Justice is an on-site partner at all five of the City's Family Justice Centers – in the Bronx, Brooklyn, Manhattan, Queens and Staten Island. Here they provide immigration services and work with other partner organizations (law enforcement and social services) to provide holistic assistance to abuse survivors in their communities. For more information, visit their website at: <http://on.nyc.gov/2kKIOf1>

100 Broadway, 10th Floor  
 New York, NY, 10005  
 Tel. 212.695.3800  
 Website: <https://herjustice.org/>

80 Centre Street

NYC NY 10010

212 602 2800

If center is closed, dial 800 -621 HOPE

For immediate safety planning, shelter assistance, and other resources.

### Battered Women's Legal Service

Sanctuary for Families – Center for Battered Women's Legal Services

CONTACT: (212) 349-6009 x 246, Mon. – Fri., 9 am – 1 pm

Eligibility Requirements: Individual must be experiencing domestic violence.

Types of Cases:

- Divorce
- Orders of protection
- Child custody and visitation
- Child Support
- Immigration Tel. 212 349-6009 x 246

Websites/Sitio web:

[www.lawhelp.org](http://www.lawhelp.org)

<http://www.legalservicesnyc.org>

<http://sanctuaryforfamilies.org>

## **Health Insurance assistance/ asistencia de seguro medico**

New York Medicaid Choice Helpline:

Enroll/Disenroll health plans. Questions and information

Inscripción/desinscripción de planes de salud. Preguntas e información.

1-800-505-5678

Managed Care Advocates: Community Health Advocates

Questions, information and your rights regarding health plans and insurance. Preguntas e información cerca sus derechos sobre la cobertura de su plan de salud y seguro de salud.

[cha@cssny.org](mailto:cha@cssny.org)

8888 614 5400

Community Service Society of New York

105 East 22nd Street

New York, N.Y. 10010

Telephone: (888) 614-5400

Website: <http://www.communityhealthadvocates.org/>

NY State of Health –

nystateof health.ny.gov – 866-355-5777

HHC Options

Through Health and Hospitals Corporation Options, low and moderate-income HHC patients can get affordable healthcare. HHC helps patients apply for public health insurance programs for which they may qualify. If a patient is not eligible for public insurance, we reduce the patient's fee to an affordable amount, based on family size and income. Services for the entire family including Family, Teen and Child Health Services. Includes onsite Medicaid Offices

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A través de Salud y Hospitales Opciones Corporation, HHC pacientes de bajos y moderados ingresos pueden recibir atención de salud accesible. HHC ayuda a los pacientes aplicar para los programas públicos de seguro de salud para que puedan calificar. Si un paciente no es elegible para un seguro público, se reduce la tarifa del paciente basada en el tamaño y los ingresos. Servicios de salud gratis o bajo costo. Incluye oficinas de Medicaid.

Harlem Hospital Center

506 Lenox Avenue  
New York, New York 10037  
General Information Number: (212) 939-1000

Renaissance Health Care Network Diagnostic & Treatment Center

264 West 118th Street  
1st Floor  
New York, NY 10026  
Phone: (212) 932-6521  
<http://www.nyc.gov/html/hhc/html/about/About-HospServices-PrimaryPre-Renaissance.shtml>

Metropolitan Hospital Center

1901 First Avenue  
New York, New York 10029  
General Information Number: (212) 423-6262

Gouverneur Healthcare Services

227 Madison Street  
New York, New York 10002  
General Information Number: (212) 238-7000

Bellevue Hospital Center

462 First Avenue  
New York, New York 10016  
General Information Number: (212) 562-4141

Department of Health and Mental Hygiene Hotline:

Information about clinics, dentists, physicians, and more/ informacion sobre clinicas, dentistas, medicos y mas.

<https://www1.nyc.gov/site/doh/index.page>

## **Immigration and Naturalization Resources/ Recursos de Inmigración y Naturalización**

### Northern Manhattan Coalition for Immigrants Rights (NMCIR)

5030 Broadway Suite 639 (between W 213st & W 214st)

New York, NY 10034

Hours: Monday-Thursdays 8am-5pm, Fridays 8am-1pm

Telephone: 212-781-0355

Website: <https://nmcir.org/>

### Manhattan Legal Services

1 W 125th ST 2ND Floor

New York, NY 10027

Telephone: 1-646-442-3100

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### New York Immigration Coalition

131 W 33rd St, Ste 610

New York, NY 10001

Tel. 212 627-2227

Website: <https://www.nyic.org/>

### Catholic Charities

1011 First Avenue (55th & 56th Streets), 12th fl.

Immigration services Servicios de inmigración Tel. 212 371-1000 x 2260

212-419-3700; NYS Hotline: 800-566-7636; Information and Referral Line: 800-354-0365

Toll Free Helpline (888) 744-7900

Website: <https://catholiccharitiesny.org/>

### New Americans Hotline

1 800 566 7636

### NY State Immigration Hotline

1-800 566-7636

Monday - Friday 9am - 8pm

Immigration Information and referral in all languages / información y referidos sobre inmigración en todos los lenguajes

Website/sitio web:

[www.uscis.gov](http://www.uscis.gov)

Mayor's Office of Immigrant Affairs call 311 or (212) 788-7654

<http://www.nyc.gov/html/imm/html/home/home.shtml>

Find out if you are eligible for benefit programs at ACCESS NYC a website that contains information about city, state, and federal benefit programs. Pre-screens individuals for potential eligibility. <http://www.nyc.gov/accessnyc>

Sepan si califican para programas en ACCESS NYC un sitio web que contiene información sobre la ciudad, el estado y los programas de beneficios federales. Pre-pantallas de los individuos para la elegibilidad potencial. <http://www.nyc.gov/accessnyc>

### **Income Job Centers (Public Assistance)/ centro de trabajo de NYC (asistencia publica)**

Visit <https://a069-access.nyc.gov/accesshra/> to locate office locations near you

Hamilton  
530 West 135th St NYC 10031  
Tel 212 690 1101 or 212 690 8740

Dyckman Job Center ACCESS NYC  
HRA Job Center/ Human Resources Administration/Cash Assistance  
4055 10th Avenue  
NYC NY 10034  
212 569 9626  
<https://a069-access.nyc.gov/accesshra/>

St. Nicholas  
132 West 125th Street, NYC 10027  
Tel. 212 666-3401

Human Resources Administration Information  
Tel. 1-877-472-8411

Healthy Harlem: Community Benefits Support  
Public Assistance - Medicare - SNAP  
23 W 124th Street, New York, NY, 10027  
Tel. 212-866-1350

Bronx Works  
Food Stamp outreach - Workforce Development - Immigration Services  
1130 Grand Concourse, Bronx, NY 10456 (Bronx Residents only)  
Tel. 718-508-3040  
Website: <http://bronxworks.org/>

## **Mental Health Services/Agencias de Salud Mental**

[NYC Well /311](#) is your connection to free, confidential mental health support. Speak to a counselor via phone, text, or chat and get access to mental health and substance use services, in more than 200 languages, 24/7/365.

NYC Well is New York City's free, confidential support, crisis intervention, and information and referral service for anyone seeking help for mental health and/or substance misuse concerns, available 24 hours a day, 7 days a week, 365 days a year. NYC Well is staffed by trained professionals who can help you find the services that best meet your needs.

Para referencias para tratamientos de salud mental o abuso de sustancias llame a NYCWELL. NYCWELL es una línea telefónica gratuita, de ayuda confidencial que proporciona a los usuarios con información y recomendaciones (para los servicios de búsqueda) a la salud mental y los recursos de abuso de sustancias a lo largo de la ciudad de Nueva York. NYC Well opera las 24 horas al día, siete días a la semana.

Call NYC Well

English: 1-888-NYC-WELL (1-888-692-9355), Press 2

Call 711 (Relay Service for Deaf/Hard of Hearing)

Español: 1-888-692-9355, Press 3

中文: 1-888-692-9355, Press 5

Interpreters are available for 200+ languages. Stay on the line, and you will be connected with a counselor who can connect you to translator services.

NYC Well Counselors are trained to accept calls from hearing impaired individuals using Video Relay Services.

Text NYC Well

Text WELL to 65173

A service for NYC residents, available 24/7/365. Text anytime!

For English, when prompted text 1

For Spanish, when prompted text 2

For Chinese, when prompted text 3

Iptar

Counseling for families and individuals. Parent needs a referral. Sliding scale.

Asesoramiento para las familias y los individuos. Los padres necesitan una referencia. Pagos de escala disponible.

1651 Third Avenue, Suite 205

NY NY 10128

Tel. 212 427-7070

Website: <https://www.iptar.org/>

#### Metropolitan Center for Mental Health

Individual therapy. Family therapy. Children play therapy. Medicaid accepted. Parents must call themselves. La terapia individual. Terapia familiar. Los niños terapia de juego. Se acepta Medicaid. Los padres deben llamar.

160 West 86th Street, NYC, 10024

Tel. 212 362-8755

1090 St Nicholas Avenue NYC 10032

Tel 212 543 0777

Website: <https://www.metropolitancenter.com/>

\*Currently offering services through telehealth only

#### Jewish Board of Families and Children's Services

Wide array of comprehensive services: counseling, legal, educational workshops, referrals and more/Amplia variedad de servicios integrales: asesoramiento, talleres legales, educativas, referencias y más.

135 West 50th St, New York, NY 10020

Phone: 1.212.582.9100

Toll-free: 1.888.523.2769

Website: <https://jewishboard.org/>

#### Adolescent Health Center of the Mount Sinai Medical Center

Free mental health services for teenagers. Individual, family and group therapy.

Alcohol/substance abuse.

Servicios de salud mental para adolescentes. Terapia individual, familia, en grupo. Ayuda para alcoholismo/drogas.

312-320 East 94th Street

New York, NY 10128

Tel. 212 423-3000

Website: <https://www.mountsinai.org/locations/adolescent-health-center>

#### Inwood community Services

Alicia M. Ferrer Mental Health Clinic  
 Comprehensive Outpatient Addiction Program COAP  
 Child and Family Prevention and Wellness Program  
 651 Academy Street, New York, NY, 10034  
 Tel. 212 942-0043

Website: <https://www.inwoodcommunityservices.org/>

\*In-person offices are closed, website lists contact emails for services

### Office of Mental Health

The Office of Mental Health (OMH) operates psychiatric centers across the State. OMH also regulates, certifies and oversees more than 4,500 programs, operated by local governments and nonprofit agencies.

1-800-597-8481.

<https://omh.ny.gov/>

### **Social Services / Servicios Sociales**

Northern Manhattan Improvement Corporation (NMIC):

Job training, Screening for benefits, Health, Domestic Violence, Immigration, Legal and more...

76 Wadsworth Avenue

New York, NY 10033

Tel. 212 822-8300

Website: [www.nmic.org](http://www.nmic.org)

### Cathedral Community Cares (CCC)

Food Stamps pre-screening, Crisis intervention and counseling/ estampillas de alimentos, crisis y consejería

111th Street Amsterdam Avenue. Walk down into St. John the Divine ask directions at booth.

Camine hacia dentro e preguntele al guardia estacionado.

<https://www.stjohndivine.org/education/community/>

### West side Campaign against Hunger

Pantry services, pre-screening benefits, workshops/ comida, beneficios y talleres

Church of St. Paul & St. Andrew, Basement

263 West 86 Street

New York, NY 10024

Tel. 212 362-3662

<http://www.wscah.org>

### The Riverside Church

Food, clothing, and support services for persons in need/ Alimentos, ropa y servicios de apoyo para las personas necesitadas.

490 Riverside Drive

New York, New York 10027

Tel. 212 870-6741

<https://www.trcnyc.org/socialservices/>

\*Please note some programs are on hiatus or have changes in distribution/access due to COVID-19. For more information please call Debra Northern, Minister of Parish Care, at 212.870.6741

Harlem One Stop JASA Senior Services

475 Riverside Drive Suite 1846

2nd entrance on 61 Claremont Ave

New York, NY

Telephone: 212-864-7900

Website: <https://www.harlemonestop.com/organization/2168/one-stop-jasa-senior-services>

\*Center is currently closed due to Covid-19 but they will return phone calls.

Focus is on Seniors, but also may help with government benefits

Manhattan Valley Development Corporation – Office of Human Services -, Beneficios

983 Columbus Avenue,

NYC NY 10025

Telephone -646 339 4493/ 646 339 4701

Tuesdays, Wednesdays, Thursdays

10 AM – 4 PM

**Women, Infants and Children Program WIC**

WIC focuses on the nutritional well-being of pregnant women and mothers of children up to age 5. Most hospitals and clinics have a WIC program. Ask your doctor.

Programa WIC se enfoca en el bienestar nutricional de las mujeres embarazadas y madres de niños menores de 5 años. Muchos de los hospitales y clínicas tienen un programa de WIC pregunte donde su

medico. [https://www.health.ny.gov/prevention/nutrition/wic/local\\_agencies.htm](https://www.health.ny.gov/prevention/nutrition/wic/local_agencies.htm)

William F. Ryan Community Health Center

801 Amsterdam Ave., 2nd Floor

NYC 10025 212-865-0410

Mt. Sinai Morningside WIC Program

1111 Amsterdam Avenue

New York, NY 10025

212-523-6314

Growing up Healthy Hotline

Information and referrals for WIC, free prenatal care, food programs, and more:

1 800-522- 5006

Women's Health Line (311) or 212-639-9675

