

The New York Public Library
Morningside Heights Library

2900 Broadway
 New York, NY 10025
 212-864-2530

APRIL 2024 | FREE Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 Shape Up NYC: Yoga en Español 10AM – 11AM <hr/> Book Discussion: A Passage to India 4:30PM - 5:30PM	2 Moving for Life: DanceExercise for Older Adults 12PM – 1PM <hr/> Balance Screening by Mount Sinai Trauma Program 1:15PM – 3:15PM	3 Computer Basics: *Open Lab (First Come, First Serve) 10AM – 1PM, 3PM <hr/> Lily Opera Group Discussion 3:30PM – 5:30PM	4 Alignment Yoga 1PM – 2PM <hr/> Quilting with a Purpose 2:30PM - 5:30PM	5 Film Friday: My Sailor, My Love 11:30AM <hr/> OCHIA Health Insurance Workshop: Your Health, Your Wealth (Under 65) 3PM – 4PM	6 Office of Emergency Management NYC Cert Recruitment Event 12PM – 4PM <hr/> Caribbean Heritage Month: Sketching Workshop with Artist JJ Gonzalez Acosta 2PM – 4PM	
	7	8 Shape Up NYC: Yoga en Español 10AM – 11AM	9 Intergenerational Arts and Crafts Club 10AM – 11:30AM <hr/> Moving for Life: DanceExercise for Older Adults 12PM – 1PM	10 Computer Basics: *Open Lab (First Come, First Serve) 10AM – 1PM, 3PM	11 Adult Mental Health First Aid 10AM – 1:30PM <hr/> Quilting with a Purpose 2:30PM - 5:30PM	12 Film Friday: On Fire 11:30AM <hr/> OCHIA Health Insurance Workshop: Here's to Your Health (65+) 3PM – 4PM	13 Caribbean Heritage Month: Sketching Workshop with Artist JJ Gonzalez Acosta 2PM – 4PM
14	15 Adult Mental Health First Aid 10AM – 1:30PM	16 Moving for Life: DanceExercise for Older Adults 12PM – 1PM	17 Computer Basics: *Open Lab (First Come, First Serve) 10AM – 1PM, 3PM <hr/> Lily Opera Group Discussion 3:30PM – 5:30PM	18 Alignment Yoga 1PM – 2PM <hr/> Quilting with a Purpose 2:30PM - 5:30PM	19  Film Friday: The Color Purple 11:30AM	20 Black History Fiction Reading Challenge Series: 1:30PM - 3PM	
21	22  Shape Up NYC: Yoga en Español 10AM – 11AM	23 Intergenerational Arts and Crafts Club 10AM – 11:30AM <hr/> Moving for Life: DanceExercise for Older Adults 12PM – 1PM	24 Computer Basics: *Open Lab (First Come, First Serve) 10AM – 1PM, 3PM	25 Alignment Yoga 1PM – 2PM <hr/> Quilting with a Purpose 2:30PM - 5:30PM	26 LiLY's Film Group: 2PM	27 Collage & Writing Workshop 1:30PM – 3:30PM	
28	29 Shape Up NYC: Yoga en Español 10AM – 11AM	30 Moving for Life: DanceExercise for Older Adults 12PM – 1PM <hr/> MyNYCHA App Workshop 2PM – 3PM					

Computer Basics:

Open Lab:

(First Come, First Served)

Same Day Sign-Up on First Floor Desk

Limited 30 Minute Sessions

Date: Wednesdays, 4/3, 10, 17, 24

Time: 10AM - 1PM, 3PM – 4PM

Laboratorio de Computadora:

(Servicio por Orden de Llegada)

Mismo Dia de Registracion : Primer Piso

Limite de 30 Minutos

Día: Miércoles, 4/3, 10, 17, 24

Hora: 10AM - 1PM, 3PM – 4PM

Balance Screening by

Mount Sinai Trauma Program

Date: Tuesday, April 2

Time: 1:15PM – 3:15PM

A comprehensive balance-screening event. Participants will undergo balance assessments using CDC-approved screening tools.

Adult Mental Health First Aid

Date: April 11, 15

Time: 10AM – 1:30PM

A free 8-hour training split into two sessions. MHFA is an education program that teaches the skills needed to identify, understand, and respond to signs of mental health and substance abuse challenges and crisis. This course uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to the appropriate professional, peer, social, and self-help care.

Registration Required

Caribbean Heritage Month:

Sketching Workshop with Artist JJ

Gonzalez Acosta

Date: Saturdays, 4/6, 13

Time: 2PM – 4PM

Experience the magic that comes to life with only a pencil! Local artist JJ Gonzalez Acosta will teach the wonders of sketching in this art class in celebration of Caribbean Heritage Month. Join us and discover the magic of the Caribbean through your hands. No art experience is necessary. All materials will be provided.

Registration Required

Black History Fiction Reading

Challenge Series

Date: Saturday, 4/20

Time: 1:30PM - 3PM

This group is a reading challenge and a book club series that encourages learning about and exploring different decades of Black history throughout the twentieth century.

Get a Library card!

**92 LOCATIONS
BRONX • MANHATTAN
STATEN ISLAND**

nypl.org

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**FREE
PROGRAMS**

Morningside Heights Library

EVENTS & CLASSES

April 2024

2900 Broadway
New York, NY 10025
212-864-2530

HOURS

Monday	10 AM–6 PM
Tuesday	10 AM–6 PM
Wednesday	10 AM–6 PM
Thursday	10 AM–6 PM
Friday	10 AM–6 PM
Saturday	10 AM–5 PM
Sunday	CLOSED



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 Fully Accessible



New York
Public
Library

