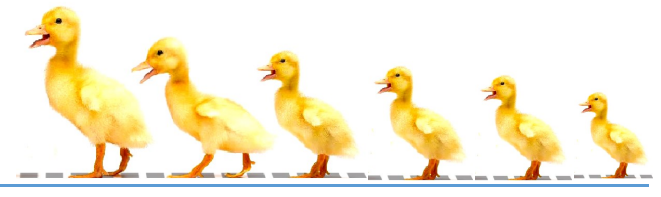
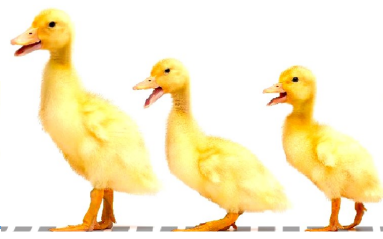


# Parent/Child Activity Calendar

## Division of Early Childhood Education



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Write out a message in "secret code." Try drawing an eye, then a heart, then a letter "U."	2 Make this a red day. Wear red clothes, eat watermelon and read a book with a red cover.	3 Draw map of the neighborhood. Your child can color the map and build with blocks on the streets.	4 It's time for a new chore! Give them another household job like watering the plants or sweeping the floor.	5 Start a collection of rocks or shells. Group them by size or color.
6 Play with boxes! You can toss balls into it, decorate it or pretend it is a castle.	7 Sit outside after dark. Move a flashlight around. What do you see?	8 Help your child practice writing their name today.	9 Make ice cream sundaes! Let your child pick his toppings.	10 Remove 3 items from your purse or pocket. Show them to your child. Put them away. Can they remember them?	11 Look through your child's baby pictures together. Let them know you love them more every year.	12 Paint a picture with your child only using black and white.
13 Today play in water like a pool, lake, ocean or the bath.	14 Discuss safety with your child. Why should you look both ways before crossing the street?	15 Visit a bakery. Share a treat and think of words to describe it, such as "sweet," "crunchy", "chewy", etc.	16 Talk with your child about feelings; sad, happy, mad, jealous, frustrated. Use real life examples.	17 Where ever you are, you can play "I spy with my little eye something that is blue ... round ... pointy" etc.	18 Look at faces in a magazine. What are the people thinking and feeling?	19 Make playdoh: 1 cup flour, 1 cup water, 2 teaspoons cream of tartar, 1 tablespoon oil and food coloring.
20 Find a new way to say "I love you" - in a foreign language, sign language or in secret code.	21 <b>Find a place you can feed the ducks. Plan what you will feed them (stale bread works!)</b>	22 To get the wiggles out, ask your child to act like a bird building a nest or a light bulb going on and off.	23 Have your child draw a picture of the weather during the morning and another during the afternoon.	24 Sit quietly together for one minute. Afterwards talk about what you heard.	25 Use a squirt bottle filled with water & squeeze it to draw shapes and letters on the hot sidewalk.	26 When your child says, "I can do it by myself," tell them you are proud .
27 Celebrate your child's favorite color. Wear it today. Eat food that color. Look for it wherever you go.	28 Pull out a coloring book and sit side by side with your child and color.	29 Have your child name 5 healthy foods that help children grow. Make sure you fix one for dinner.	30 Look at the calendar and count how many days there are until the first day of school!	31 It's time for school supplies! Let your child pick out special pencils.	<h1>August 2023</h1>	