

Sun

Mon

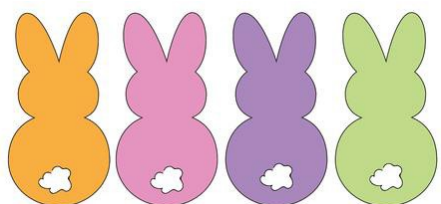
Tue

Wed

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Sat



# April 2023

1 Play an April Fool's joke on your child FIRST THING IN THE MORNING, before they realize what day it is!

2 Can your child jump rope yet? Many 4 year-olds can. Why not give it a try today?

3 STACK! Find things in your apartment to stack. How high can they build before it falls?

4 Write a short word and have your child mold the shape of the letters with clay or play dough.

5 Make a rain stick with a paper towel tube. Decorate, fill with dried beans and seal the ends.

6 Teach your child to thread a belt through the waistband of their pants.

7 Play the opposites game. Say a word and see if your child can tell you its opposite.

8 Go to the library and find a favorite book you read as a child. Read it together and tell them what it meant to you.

9 Cut shapes out of paper with your child –circles, squares, rectangles. Using glue and make a collage.

10 Ask your child to stand on one foot. Count how long they can balance. Now have them try the other

11 Head outside and look at the clouds. What do you see in them? Animals? Shapes? Stories?

12 Read a story to your child and use a different voice for each character.

13 Tape together 3 or more crayons and make rainbow drawings!

14 Make it a purple day! Wear purple, eat purple food and name purple objects.

15 Play newspaper basketball together! A small trash can makes a perfect hoop.

16 Let your child help you make breakfast.

17 Ask your child to draw a picture of herself today. Were they feeling happy, sad, confused, angry?

18 Using Cheerios, count out groups of 5 and turn them into groups of 10. How high can you count?

19 On the way to school play "I spy with my little eye ..." "I spy something square ... red ... Etc.

20 Help your child think of an imaginary land. Together, name it and make up a story about it.

21 Help your child think of words that describe spring, then ask them to draw a picture of spring.

22 It's Earth Day! Plant wheat berry seeds in potting soil. Add water and you'll have 7" grass in one week!

24 Take a walk. Count how many steps it takes to get to the corner of the block.

25 Try a new art technique. Let your child paint with Q-tips.

26 Build vocabulary. How many different words can you think of to describe rain?

27 Let your child dictate a story to you. Have them illustrate it. Read it together.

28 Play music & spend 15 minutes drawing or writing with your child. Let the music be your inspiration.

29 It's time for sidewalk chalk! Decorate the sidewalk in front of your building for spring.

30 Decorate one of your windows with construction paper flowers crafted by your child.

30 Start a family savings jar. Everyone can decide on what the goal will be and how to contribute.

## Parent/Child Activity Calendar

### New York City Division of Early Childhood Education

