

February 2023

Parent/Child Activity Calendar

New York City Division of Early Childhood Education

Mon


Tue

Wed

Thu

Fri

Sat

			1 Learn a new song together. Can you make up actions to go with the words?	2 Look in the mirror together. What color are your eyes, your hair? How many hands and fingers do you have?	3 Play with blocks together. Encourage your child to see how high a tower they can build.	4 Spread almond butter on a pinecone and roll in birdseed. Hang it outside to feed the birds.
5 Give your child playdough, a rolling pin and some cookie cutters. Let them cut out "cookies."	6 Read books together in an unusual place—under a table or a blanket.	7 Show your child how to cut out and draw hearts.	8 Have your child name things that come in pairs like eyes, shoes, twins, etc.	9 "I'd love to!" Use these words when your child asks you to play, read or do a puzzle.	10 String a macaroni necklace with your child. Have them count each piece as they string it.	11 Make red Jello in a shallow pan. Once set, cut into heart shapes a cookie cutter for dessert.
12 Watch your child's favorite TV program with them. Talk about the character, plot and message.	13 Look at the weather forecast today. Compare where you live to the rest of the country.	14  Tell your child 3 things you love about them. Have them tell you 3 things they love about you.	15 Does your child know their birthday? Teach them the birthdates of family members.	16 Draw or scribble to music. Give your child crayons and a large sheet of paper. Put on favorite music.	17 Make this an orange day. Wear orange clothes. Have sweet potatoes for dinner and oranges for dessert.	18 At the grocery store, give your child a few coupons and let her match the picture with the item.
19 Cover the illustration on a page of a book and read the page to your child. Can they guess what's in the picture?	20 Have your child count all the doors on the floor of your apartment building.	21 Take a walk and read street and store signs. Ask your child what they think they say.	22 Cut straws into different lengths. Encourage your child to line them up shortest to longest.	23 When your child proudly shows you something they made, ask them how they did it.	24 Talk about <i>more</i> , <i>less</i> and <i>equal</i> . Ask, "Do you have more dolls or stuffed animals?" Count them to be sure.	25 Do some exercises with your child today. Try doing sit-ups, jumping jacks, squats and stretches.
26 Line up different things that write—pen, pencil, marker, crayon, etc. Ask your child which one they prefer and why.	27 Search for things that are red, blue, green, yellow, red <u>and</u> blue, etc.	28 On a piece of colored paper draw a large fish bowl. Give your child goldfish crackers to glue on.				