



January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Let your child cut up greeting cards to make an alphabet book. "A" is for angel, "B" is for bell, etc.	2 Children love to sort. Mix different colored dried beans together and have her sort them into an empty egg carton.	3 Give your child a grocery store circular and let him help you locate the items you want to buy.	4 Fill a spray bottle with colored water (food coloring). Let them spray paint in the snow.	5 Save jars and lids of different sizes. Let your child match the right lid to the right jar and screw it on.	6 Cut up different apples and have everyone taste each. Talk about the differences. Vote for your favorite.	7 Tell your child the origin of her name. What does it mean? Who were they named after? Why did you pick it?
8 Have your child assist you in preparing dinner by setting the table or washing the vegetables.	9 With toothpicks and gumdrops or marshmallows make shapes, squares, hexagons and stars.	10 Watch one of your child's favorite TV shows together. Afterward talk about the feelings that were shown.	11 Cut out paper snowflakes together. Fold a piece of paper into fours and cut holes. Open to display.	12 When you leave the apartment, count all the steps you take to get to the street.	13 Tape a feather to a new pencil or crayon. Tell your child about using "quills" in the 1800's.	14 Give your child 25 pieces of cereal. Help him sort them into groups of 5.
15 Ask your child to interview one of her stuffed animals. Video it or write it down for them.	16 Cut colorful magazine pictures into small shapes. Glue them on the bottom side of a paper plate to create a mosaic.	17 Teach your child a song or a poem you loved when you were their age.	18 Draw a faces on your child's fingers with washable marker. Let them retell a favorite story with puppet fingers.	19 Create a cape for your child to play with from an old bed sheet or a towel.	20 Write large numbers (1-20) on a piece of paper. Cut them into squares and have your child put them in order.	21 With small grocery boxes, empty cardboard tubes and tape. Help them build a robot or a car.
22 Catch snowflakes on black construction paper and store in the freezer. Discuss the shapes and patterns.	25 Draw a face on a Styrofoam cup. Fill with soil. Sprinkle on bird seed. Place in sun and water. When the seeds grow, it looks like hair.	26 Look at the calendar and count the days left in the month.	27 Tape a crayon point touching the table to the back of a small car. Let your child push the car over paper. Make tracks!	28 Count the windows in your home together. Do they open up and down or in and out?	29 Have your child close their eyes. Make a sound, such as jingling keys. Ask them to listen and guess what you are doing.	30 Take a walk around the neighborhood. Talk about winter. Note your freezing breath. How do animals stay warm?
31 Give your child plastic bags to put over stocking feet. Then let them "ice skate" on the carpet.	<div> <div> <div>Parent/Child Activity Calendar</div> <div>New York City Division of Early Childhood Education</div> </div> <div> </div> </div>					