

Day 1	Day 2	Day 3	Day 4	Day 5
<p>All Breakfasts are Vegetarian</p> <p>Lunch:</p> <ul style="list-style-type: none"> • Fettucine Alfredo w/ Romano Cheese • Mixed Vegetable • Fresh Fruit <p>All Snacks are Vegetarian</p> <p>Ingredients:</p> <p>Ln:: Romano cheese, mozzarella, pasta, cream, thyme, sage, garlic, oil, salt, pepper, corn, broccoli, carrots, peas, green beans</p>	<p>Lunch:</p> <ul style="list-style-type: none"> • Teriyaki Tofu • Brown Rice • Bok Choy + Carrots • Fresh Fruit <p>Ingredients:</p> <p>Ln: Tofu, soy sauce, pineapples, brown sugar, binegar, ginger, garlic, rice, bok choy, carrots,</p>	<p>Lunch:</p> <ul style="list-style-type: none"> • Chickpea Guisado • Cilantro Brown Rice • Red Kidney Beans • Fresh Fruit <p>Ingredients:</p> <p>Ln: Chickpeas, oil, salt, pepper, cumin, paprika, chili powder, ancho chilis, toamto paste, cilantro, garlic, perppers, onion, vinegar, brown rice, red kidney beans</p>	<p>Lunch:</p> <ul style="list-style-type: none"> • Black Bean Tacos • WG Tortilla • Pico De Gallo • Fresh Fruit <p>Ingredients:</p> <p>Ln: Black beans, cilantro, tomato, onions, garlic, salt, pepper, cumin, chili powder, wg tortilla, corn, cheese</p>	<p>Lunch:</p> <ul style="list-style-type: none"> • Grilled Cheese on Challah • Corn • Fresh Fruit <p>Ingredients:</p> <p>Ln: Challah bread, cheddar cheese, corn, salt pepper</p>

Stuff We Have To Say

- Red Rabbit is a nut free kitchen, but does not guarantee meals to be free of any other allergens. Menu items may contain or come into contact with wheat, eggs, milk, and soy. Please note, ingredients are subject to change due to market availability, and may change without prior notice.
- Depending on your school agreement and federal reimbursements, you may not receive the breakfast or snack items listed above.
- It is the responsibility of the recipient to refrigerate all items. All items should be eaten or frozen within 3 days of receipt.
- Per the USDA guidelines, all meals should only be eaten by students, and should be served with 8 oz of milk.