

Day 1	Day 2	Day 3	Day 4	Day 5
<p><b>Breakfast:</b></p> <ul style="list-style-type: none"> <li>• Chex</li> <li>• Fresh Fruit</li> </ul> <p><b>Lunch:</b></p> <ul style="list-style-type: none"> <li>• GF Fettucine Alfredo w/ Romano Cheese</li> <li>• Mixed Vegetable</li> <li>• Fresh Fruit</li> </ul> <p><b>Snack:</b></p> <ul style="list-style-type: none"> <li>• Rice cake &amp; Jam</li> <li>• Fresh Cut Fruit</li> </ul> <p><b>Ingredients:</b></p> <p>Br: Chex</p> <p>Ln: Romano cheese, mozzarella, GF pasta, cream, thyme, sage, garlic, oil, salt, pepper, corn, broccoli, carrots, peas, green beans</p> <p>Sn: Rice cake, jam</p>	<p><b>Breakfast:</b></p> <ul style="list-style-type: none"> <li>• GF Berry Muffin</li> <li>• Fresh Fruit</li> </ul> <p><b>Lunch:</b></p> <ul style="list-style-type: none"> <li>• Pineapple Chicken</li> <li>• Brown Rice</li> <li>• Bok Choy + Carrots</li> <li>• Fresh Fruit</li> </ul> <p><b>Snack:</b></p> <ul style="list-style-type: none"> <li>• GF Pizza Bites</li> <li>• Fresh Cut Fruit</li> </ul> <p><b>Ingredients:</b></p> <p>Br: GF flour, milk, eggs, butter, berries, baking soda, baking powder, brown sugar</p> <p>Ln: Chicken, pineapples, brown sugar, vinegar, ginger, garlic, rice, bok choy, carrots,</p> <p>Sn: GF focaccia, tomato, garlic, onion, basil, olive oil, salt, black pepper</p>	<p><b>Breakfast:</b></p> <ul style="list-style-type: none"> <li>• GF Banana Bread</li> <li>• Fresh Fruit</li> </ul> <p><b>Lunch:</b></p> <ul style="list-style-type: none"> <li>• Chicken Guisado</li> <li>• Cilantro Brown Rice</li> <li>• Red Kidney Beans</li> <li>• Fresh Fruit</li> </ul> <p><b>Snack:</b></p> <ul style="list-style-type: none"> <li>• Celery and Carrot Stick w/Green Goddess</li> <li>• Fresh Cut Fruit</li> </ul> <p><b>Ingredients:</b></p> <p>Br: GF flour, bananas, eggs, milk, butter, baking soda, baking powder, brown sugar</p> <p>Ln: Chicken, oil, salt, pepper, cumin, paprika, chili powder, ancho chilis, toamto paste, cilantro, garlic, perppers, onion, vinegar, brown rice, red kidney beans</p> <p>Sn: Celery, carrots, parsley, garlic, cilantro, lime, olive oil, tofu</p>	<p><b>Breakfast:</b></p> <ul style="list-style-type: none"> <li>• GF Cranberry Muffin</li> <li>• Fresh Fruit</li> </ul> <p><b>Lunch:</b></p> <ul style="list-style-type: none"> <li>• Steak Fajitas</li> <li>• Corn Tortilla</li> <li>• Pico De Gallo &amp; Black Beans</li> <li>• Fresh Fruit</li> </ul> <p><b>Snack:</b></p> <ul style="list-style-type: none"> <li>• Cheese Cubes + GF Bread</li> <li>• Fresh Cut Fruit</li> </ul> <p><b>Ingredients:</b></p> <p>Br: GF flour, cranberries, milk, egg, butter, baking soda, baking powder, brown sugar</p> <p>Ln: Beef, Black beans, cilantro, tomato, onions, garlic, salt, pepper, cumin, chili powder, corn tortilla, corn, cheese</p> <p>Sn: GF Bread, mozzarella cheese</p>	<p><b>Breakfast:</b></p> <ul style="list-style-type: none"> <li>• GF Overnight Oats</li> <li>• Fresh Fruit</li> </ul> <p><b>Lunch:</b></p> <ul style="list-style-type: none"> <li>• Grilled Cheese on GF Bread</li> <li>• Corn</li> <li>• Fresh Fruit</li> </ul> <p><b>Snack:</b></p> <ul style="list-style-type: none"> <li>• GF cinnamon toast sticks with jam</li> <li>• Fresh Cut Fruit</li> </ul> <p><b>Ingredients:</b></p> <p>Br: Yogurt, berries, vanilla, gf oats, brown sugar</p> <p>Ln: GF bread, cheddar cheese, corn , salt, pepper</p> <p>Sn: GF bread, cinnamon, oil, butter, sugar, jam</p>

## Stuff We Have To Say

- Red Rabbit is a nut free kitchen, but does not guarantee meals to be free of any other allergens. Menu items may contain or come into contact with wheat, eggs, milk, and soy. Please note, ingredients are subject to change due to market availability, and may change without prior notice.
- Depending on your school agreement and federal reimbursements, you may not receive the breakfast or snack items listed above.
- It is the responsibility of the recipient to refrigerate all items. All items should be eaten or frozen within 3 days of receipt.
- Per the USDA guidelines, all meals should only be eaten by students, and should be served with 8 oz of milk.