

Mon	Tue	Wed	Thu	Fri
<p>Breakfast is all vegetarian</p> <p>Lunch:</p> <ul style="list-style-type: none"> • Jerk Tofu • Jasmine Rice • Edamame • Fresh Fruit <p>Snack is all vegetarian</p>	<p>Lunch:</p> <ul style="list-style-type: none"> • Pizza • Broccoli • Fresh Fruit 	<p>Lunch:</p> <ul style="list-style-type: none"> • Crispy Tofu Bites • WG bun • Green Beans • Fresh Fruit 	<p>Lunch:</p> <ul style="list-style-type: none"> • Veggie Bolognese • Penne • Mixed Vegetable • Fresh Fruit 	<p>Lunch:</p> <ul style="list-style-type: none"> • Cheesy Scrambled Eggs • WW Bun • Home fries w/ onions & peppers • Fresh Fruit
<p>Ingredients:</p> <p>Ln: tofu, jasmine rice, edamame, tomato sauce, soy suace, brown sugar, thyme, bell peppers, allspice, ginger, garlic, onions, chili powder, apple cider vinegar, oil, salt pepper</p>	<p>Ingredients:</p> <p>Ln: Flatbread, broccoli, mozzarella, tomato sauce, basil, parsley, oregano, garlic, salt, pepper</p>	<p>Ingredients:</p> <p>Ln: Tofu, WG bun, green beans panko, yogurt, chili powder, garlic, honey, mustard, paprika, apple cider vinegar, oregano, parsley, sal, pepper, oil, eggs</p>	<p>Ingredients:</p> <p>Ln: Pasta, black beans, corn, peas, carrots, lentils, parmesan, tomato sauce, basil, parsley, oregano, garlic, salt, pepper, oil</p>	<p>Ingredients:</p> <p>Ln: Eggs, WG bun, cheddar cheese, potatoes, onions, bell peppers, paprika, salt, pepper, oil, butter</p>

Stuff We Have To Say

- 1 Red Rabbit is a nut free kitchen, but does not guarantee meals to be free of any other allergens. Menu items may contain or come into contact with wheat, eggs, milk, and soy. Please note, ingredients are subject to change due to market availability, and may change without prior notice.
- 2 Depending on your school agreement and federal reimbursements, you may not receive the breakfast or snack items listed above.

- 3 It is the responsibility of the recipient to refrigerate all items. All items should be eaten or frozen within 3 days of receipt.
- 4 Per the USDA guidelines, all meals should only be eaten by students, and should be served with 8 oz of milk.

How To Enjoy

- 1 Please enjoy these meals in the order listed to best preserve freshness—as in, eat "Day 1" first, and so on.
- 2 Heat meals for 2-3 minutes in a microwave or until the internal temperature reaches 165°F.
- 3 Let meals stand for 1 minute before serving.