

Mon	Tue	Wed	Thu	Fri
<p>Breakfast:</p> <ul style="list-style-type: none"> • Toasty O's • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • ED Chicken Rigatoni • Pasta • Corn and Peas • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • ED Cranberry Apple Muffin • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: Toasty Os</p> <p>Ln: Chicken, tomato, evoo, oregano, onions, garlic, pasta, peas, corn, salt, pepper, olive oil, basil, tofutti, rigatoni</p> <p>Sn: ww flour, applesauce, soy milk, cranberries, apples, baking soda, baking powder, cinnamon, salt, brown sugar</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • ED Pumpkin Bread • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Bbq Turkey • Brown Rice • Kale and Spinach • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Pizza Bites • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: WW flour, pumpkin, applesauce, soy milk, baking soda, baking powder, brown sugar</p> <p>Ln: Turkey, tomato, garlic, onion, mustard, chili powder, paprika, salt, black pepper, kale, spinach, brown rice</p> <p>Sn: WW focaccia, tomato, garlic, onion, basil, olive oil, salt, black pepper</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • ED Morning Glory Muffin • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • ED Chicken "Parm" • WW Focaccia • Homefries • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Celery and Carrot Stick w/Green Goddess • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: WW flour, carrots, apples, applesauce, soy milk, baking soda, baking powder, brown sugar</p> <p>Ln: Breadcrumbs, chicken, tomato, oregano, salt, basil, pepper, evoo, garlic, onion, gf bread, parsley</p> <p>Sn: Celery, carrots, parsley, garlic, cilantro, lime, olive oil, tofu</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • ED Carrot Bread • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Vegetarian Rasta Pasta • Pasta • Bell Peppers and Tomatoes • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Tofutti and Jam • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: WW flour, carrots, apples, applesauce, soy milk, baking soda, baking powder, brown sugar</p> <p>Ln: Soy milk, tofu, tofutti, garlic, onion, basil, all spice, clove, ancho chili powder, clove, pasta, bell peppers, tomatoes, chicken</p> <p>Sn: Tofutti, jam, ww baguette</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • ED Berry Waffles • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Turkey Cubano • Baguette • Peas and Carrots • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • ED Sweet Potato Muffins • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: WW flour, berries, apples, brown sugar, cinnamon, salt, baking soda, baking powder</p> <p>Ln: Ground Beef, onions, tofutti, paprika, chili powder, Gf Bun</p> <p>Sn: Sweet potatoes, ww flour, applesauce, soy milk, baking soda, baking powder</p>

Stuff We Have To Say

- Red Rabbit is a nut free kitchen, but does not guarantee meals to be free of any other allergens. Menu items may contain or come into contact with wheat, eggs, milk, and soy. Please note, ingredients are subject to change due to market availability, and may change without prior notice.
- Depending on your school agreement and federal reimbursements, you may not receive the breakfast or snack items listed above.
- It is the responsibility of the recipient to refrigerate all items. All items should be eaten or frozen within 3 days of receipt.
- Per the USDA guidelines, all meals should only be eaten by students, and should be served with 8 oz of milk.