

Mon	Tue	Wed	Thu	Fri
<p>Breakfast:</p> <ul style="list-style-type: none"> • Rice Chex • Fresh Fruit • Milk <p>Lunch:</p> <ul style="list-style-type: none"> • Beef Bolognese • GF Pasta • Green Beans and Carrots • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • GF Cranberry Muffin • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: Rice Chex</p> <p>Ln: Ground Beef, tomato, onion, garlic, oregano, basil, olive oil, gf pasta, green beans, carrots,</p> <p>Sn: GF flour, cranberries, eggs, milk, cinnamon, brown sugar, baking soda, baking powder</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • GF Berry Waffle • Fresh Fruit • Milk <p>Lunch:</p> <ul style="list-style-type: none"> • Pollo Guisado • Cilantro Rice • Mixed Beans • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • GF Strawberry Oat Bites • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: GF flour, berries, milk, eggs, baking soda, baking powder, brown sugar</p> <p>Ln: Chicken, canola oil, salt, black pepper, cumin, paprika, chili powder, tomato paste, cilantro, garlic, bell peppers, onion, white vinegar, brown rice, onions</p> <p>Sn: Oats, strawberries, GF flour, eggs, milk, baking soda, baking powder, cinnamon, maple</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • GF Apple Muffin • Fresh Fruit • Milk <p>Lunch:</p> <ul style="list-style-type: none"> • GF Crispy Chicken • GF Maple Waffles • Chow Chow • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • GF Pizza Stick • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: GF flour, apples, eggs, milk, cinnamon, brown sugar, baking soda, baking powder</p> <p>Ln: GF Bread Crumbs, yogurt, chicken, GF flour, maple, eggs, milk, cinnamon, brown sugar, tomatoes, cabbage, vinegar, onion</p> <p>Sn: GF bread, tomato, garlic, onion, basil, oregano, olive oil, salt, pepper, pecorino</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • GF Bagels and Cream Cheese • Fresh Fruit • Milk <p>Lunch:</p> <ul style="list-style-type: none"> • Bbq Turkey Sloppy Joe • GF Roll • Corn • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • GF Corn Muffin • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: GF bagel, cream cheese</p> <p>Ln: Tomato, garlic, mustard, vinegar, liquid smoke, onion, paprika, chili powder, ground turkey</p> <p>Sn: Corn meal, gf flour, milk, butter, baking soda, baking powder</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • Berry Yogurt • Fresh Fruit • Milk <p>Lunch:</p> <ul style="list-style-type: none"> • GF Eggplant Parm • GF Garlic Stick • Roasted Vegetables • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Cheese Cubes, GF Baguette • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: Yogurt, mixed berries, honey</p> <p>Ln: Eggplant, gf bread crumbs, oregano, gf flour, salt, pepper, tomato, garlic, onion, basil, mozzarella</p> <p>Sn: Cheese Cubes, GF Baguette</p>

Stuff We Have To Say

- Red Rabbit is a nut free kitchen, but does not guarantee meals to be free of any other allergens. Menu items may contain or come into contact with wheat, eggs, milk, and soy. Please note, ingredients are subject to change due to market availability, and may change without prior notice.
- Depending on your school agreement and federal reimbursements, you may not receive the breakfast or snack items listed above.
- It is the responsibility of the recipient to refrigerate all items. All items should be eaten or frozen within 3 days of receipt.
- Per the USDA guidelines, all meals should only be eaten by students, and should be served with 8 oz of milk.