



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	<p>Red Rabbit O's Cereal WG</p> <p>Whole Fruit Apples Low-Fat (1%), Milk</p>	<p>Pumpkin Bread WG</p> <p>Pineapple Slices Low-Fat (1%), Milk</p>	<p>Morning Glory Muffin</p> <p>Cantaloupe Low-Fat (1%), Milk</p>	<p>Carrot Bread WG</p> <p>Pineapple Slices Low-Fat (1%), Milk</p>	<p>Berry Waffles WG</p> <p>Cantaloupe Low-Fat (1%), Milk</p>
LUNCH	<p>3 Cheese Rigatoni w/ Mozzarella</p> <p>Corn & Peas</p> <p>Sliced Honeydew Low-Fat (1%), Milk</p>	<p>BBQ Pulled Turkey Steamed Brown Rice WG</p> <p>Sauteed Kale</p> <p>Cantaloupe Low-Fat (1%), Milk</p>	<p>Chicken Parmesan Focaccia</p> <p>Roasted Vegetables</p> <p>Whole Fruit Apples Low-Fat (1%), Milk</p>	<p>Rasta Pasta w/ Cheese Peppers & Tomatoes</p> <p>Sliced Honeydew Low-Fat (1%), Milk</p>	<p>Chopped Cheese & Beef Whole Grain Bun</p> <p>Home Style Potatoes Ketchup</p> <p>Pineapple Slices Low-Fat (1%), Milk</p>
SNACK	<p>Peach Muffin WG Low-Fat (1%), Milk</p>	<p>Cheesy Pizza Stick Low-Fat (1%), Milk</p>	<p>Celery/Carrot Sticks Green Goddess Dressing Low-Fat (1%), Milk</p>	<p>Cheddar Cheese Cubes Baguette Slices WG Low-Fat (1%), Milk</p>	<p>Sweet Potato Muffin Low-Fat (1%), Milk</p>

WG= Whole Grain
 A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.