

Day 1	Day 2	Day 3	Day 4	Day 5
<p>Breakfast:</p> <ul style="list-style-type: none"> • Toasty O's • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • ED Chicken Rigatoni • Pasta • Corn and Peas • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • ED Cranberry Apple Muffin • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: Corn Flakes</p> <p>Ln: Chicken, tomato, evoo, oregano, onions, garlic, pasta, peas, corn, salt, pepper, olive oil, basil, tofutti, rigatoni</p> <p>Sn: ww flour, applesauce, soy milk, cranberries, apples, baking soda, baking powder, cinnamon, salt, brown sugar</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • ED Tomato Corn Bread • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Bbq Turkey • Brown Rice • Kale and Spinach • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Berry Applesauce • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: Corn meal, ww flour, tomato, applesauce, baking soda, baking powder, sugar, salt, black pepper</p> <p>Ln: Turkey, tomato, garlic, onion, mustard, chili powder, paprika, salt, black pepper, kale, spinach, brown rice</p> <p>Sn: Strawberries, ww flour, brown sugar, applesauce, baking soda, baking powder, cinnamon, nutmeg</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • GF Morning Glory Muffin • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • ED Chicken "Parm" • WW Focaccia • Homefries • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Cinnamon Corn Chips • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: WW flour, carrots, apples, applesauce, soy milk, baking soda, baking powder, brown sugar</p> <p>Ln: Breadcrumbs, chicken, tomato, oregano, salt, basil, pepper, evoo, garlic, onion, gf bread, parsley</p> <p>Sn: Corn Chips, Cinnamon</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • Soy Berry Yogurt and Granola • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Vegetarian Rasta Pasta • Pasta • Bell Peppers and Tomatoes • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • ED Corn Muffin • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: Tofu, soy milk, berries, honey, toasty o's, quinoa, cinamon, honey</p> <p>Ln: Soy milk, tofu, tofutti, garlic, onion, ,basil, all spice, clove, ancho chili powder, clove, pasta, bell peppers, tomatoes, chicken</p> <p>Sn: Corn meal, ww flour, applesauce, baking soda, baking powder, sugar, salt, black pepper</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • Berry Waffles • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Turkey Cubano • Baguette • Peas and Carrots • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Tofutti and Jam • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: WW flour, berries, apples, brown sugar, cinnamon, salt, baking soda, baking powder</p> <p>Ln: Ground Beef, onions, tofutti, paprika, chili powder, Gf Bun</p> <p>Sn: Tofutti, jam, ww baguette</p>

Stuff We Have To Say

- Red Rabbit is a nut free kitchen, but does not guarantee meals to be free of any other allergens. Menu items may contain or come into contact with wheat, eggs, milk, and soy. Please note, ingredients are subject to change due to market availability, and may change without prior notice.
- Depending on your school agreement and federal reimbursements, you may not receive the breakfast or snack items listed above.
- It is the responsibility of the recipient to refrigerate all items. All items should be eaten or frozen within 3 days of receipt.
- Per the USDA guidelines, all meals should only be eaten by students, and should be served with 8 oz of milk.