

Day 1	Day 2	Day 3	Day 4	Day 5
<p>Breakfast:</p> <ul style="list-style-type: none"> • Toasty O's • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Teriyaki Chicken • Pasta • Peas and Corn • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Cucumber Slices and Green Goddess Dressing • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: Toasty O's</p> <p>Ln: Chicken, pineapple, teriyaki sauce, chicken stock, onion, garlic, parsley, extra virgin olive oil, pasta, peas, corn, parmesan, GF pasta</p> <p>Sn: cucumbers, garlic, parsley, basil, oregano, lemon juice, paprika, chili powder, olive oil</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • ED Raisin Roll • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Pollo Guisado • Cilantro Rice • Peppers and Onions • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Crunchy Granola • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: WW flour, raisins, yeast, salt, honey</p> <p>Ln: Chicken, canola oil, salt, black pepper, cumin, paprika, chili powder, tomato paste, cilantro, garlic, bell peppers, onion, white vinegar, brown rice, onions</p> <p>Sn: Oats, toasty o's, raisins, quinoa, honey, cinnamon, clove, salt</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • ED Corn Bread • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Turkey Sloppy Joe • WW Roll • Corn • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Tofutti and Jam Sandwich on WW bread • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: Corn meal, ap flour, baking soda, baking powder, applesauce, milk, black pepper</p> <p>Ln: Ground turkey, tomato, garlic, basil, oregano, onion, WW roll, corn</p> <p>Sn: Tofutti, Jam, WW Roll</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • Bagel w/Jam • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Eggplant Relish & Chicken Sandwich • GF Roll • Roasted Vegetables • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • GF Banana Bread • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: whole wheat flour, unbleached enriched wheat flour, water, brown sugar, malt syrup, wheat gluten, sea salt, raisin juice concentrate, yeast, malt powder, molasses powder, honey powder, soybean oil, ascorbic acid, enzymes, cinnamon, Jam</p> <p>Ln: Eggplant, garlic, olive oil, basil, chicken, WW roll</p> <p>Sn: WW Flour, banana, soy milk, baking powder, baking soda, brown sugar</p>	<p>Breakfast:</p> <ul style="list-style-type: none"> • Soy Berry Yogurt with Granola • Fresh Fruit <p>Lunch:</p> <ul style="list-style-type: none"> • Cheesy Pesto Chicken • Pasta • Green Beans & Tomatoes • Fresh Fruit <p>Snack:</p> <ul style="list-style-type: none"> • Banana Applesauce • Fresh Cut Fruit <p>Ingredients:</p> <p>Br: Tofu, soy milk, mixed berries, honey, Oats, toasty o's, raisins, quinoa, honey, cinnamon, clove, salt</p> <p>Ln: Chicken, basil, tofutti, garlic, parsley, olive oil, GF pasta, green beans, tomatoes</p> <p>Sn: Applesauce, banana, honey</p>

Stuff We Have To Say

- Red Rabbit is a nut free kitchen, but does not guarantee meals to be free of any other allergens. Menu items may contain or come into contact with wheat, eggs, milk, and soy. Please note, ingredients are subject to change due to market availability, and may change without prior notice.
- Depending on your school agreement and federal reimbursements, you may not receive the breakfast or snack items listed above.
- It is the responsibility of the recipient to refrigerate all items. All items should be eaten or frozen within 3 days of receipt.
- Per the USDA guidelines, all meals should only be eaten by students, and should be served with 8 oz of milk.

How To Enjoy

- Please enjoy these meals in the order listed to best preserve freshness—as in, eat "Day 1" first, and so on.
- Heat meals for 2-3 minutes in a microwave or until the internal temperature reaches 165°F.
- Let meals stand for 1 minute before serving.