Activity: Ripping Paper

Skills children develop:

- Language Development/Vocabulary Enhancement
- Fine Motor Skills (grip strength, pinch strength & precision and refined grasp)
- Hand-Eye Coordination
- Motor Planning
- Bilateral Coordination

Materials:

- Paper (gift wrapping paper, tissue paper remnants, scrap paper, construction paper, printer paper, newspaper, or old magazines)
- Storage container or small box
- Your hands/fingers

Steps:

- Place paper and container on a table or floor.
- Let your child hold and explore with the paper.
- Say to your child - “I wonder what we could do with this paper” or “I wonder how we can rip this paper”.
- If your child seems to have difficulties, model for them how to rip the paper and place it inside the empty container.

Parents:

- Let your child choose and explore with their choice of paper.
- Imitate your child’s actions - If your child is ripping the paper into tiny pieces, you do the same.
- Describe your child’s actions - If your child is ripping the paper into tiny pieces, you can say, “you are ripping the paper into tiny pieces”.

HAVE FUN!