



February 2021

Parent/Child Activity Calendar

New York City Division of Early Childhood Education

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Search for things that are red, blue, green, yellow, red <u>and</u> blue, etc.	2 On a piece of colored paper draw a large fish bowl. Give your child goldfish crackers to glue on.	3 Learn a new song together. Can you make up actions to go with the words?	4 Look in the mirror together. What color are your eyes, your hair? How many hands and fingers do you have?	5 Play with blocks together. Encourage your child to see how high a tower she can build.	6 Spread almond butter on a pinecone and roll in birdseed. Hang it outside to feed the birds.
Give your child playdough, a rolling pin and some cookie cutters. Let him cut out "cookies."	8 Show your child how to cut out and draw hearts.	9 Cut straws into different lengths. Encourage your child to line them up shortest to longest.	10 Read books together in an unusual place—under a table or a blanket.	11 Have your child name things that come in pairs like eyes, shoes, twins, etc.	12 String a macaroni necklace with your child. Have him count each piece as he strings it.	13 Make red Jello in a shallow pan. Once cut into heart shapes use a cookie cutter for dessert.
4 Tell your child 3 things you love about her. Have her tell you 3 things she loves about you.	15 Watch your child's favorite TV program with her. Talk about the character, plot and message.	16 Look at the weather forecast today. Compare where you live to the rest of the country.	17 Does your child know his birthday? Teach him the birthdates of family members.	18 Draw or scribble to music. Give your child crayons and a large sheet of paper. Put on favorite music.	19 Make this an orange day. Wear orange clothes. Have sweet potatoes for dinner and oranges for dessert.	20 At the grocery store, give your child a few coupons and let her match the picture with the item.
1 Cover the illustration on a page of a book and read the page to your child. Can he guess what's in the picture?	22 Have your child count all the doors on the floor of your apartment building.	23 Take a walk and read street and store signs. Ask your child what she thinks they say.	24 "I'd love to!" Use these words when your child asks you to play, read or do a puzzle.	25 When your child proudly shows you something he made, ask him how he did it.	26 Talk about <i>more</i> , <i>less</i> and <i>equal</i> . Ask, "Do you have more dolls or stuffed animals?"	27 Do some exercises with your child to try doing sit-ups, jumping jacks, squats and stretches.

8 Line up different things that write—pen, pencil, marker, crayon, etc. Ask your child which one she prefers and why.

