Activity 1: Song
**Learning Objectives:** Language Development and Gross Motor Skills
**Materials:** Hello Song

Activity 2: Bowling with paper toilet rolls
**Learning Objective:** Gross motor Skills, Hand-Eye Coordination, and Counting
**Materials:** Paper toilet rolls and a ball

**Activity Description:**

- Line up toilet paper rolls on floor, starting with 1, 2 behind 1, then 3 behind 2 (triangle).
- Take a ball and roll it towards the toilet paper rolls to knock them down.
- Count with your children how many rolls they knocked down.
~ If you don’t have a ball, you can take a pair of socks, roll them up and use them as a ball.
**Activity 3:** Jump and land on your footprints  
**Learning Objectives:** Gross Motor Skills  
**Materials:** Construction paper/paper, crayons/markers, scissors, and tape (masking, painter’s tape, or scotch tape)

**Activity Description:**

- Trace your children’s feet on paper to make their footprints, and cut them out.
- Use your children’s footprint cut out, to trace and cut more footprints.
- Cut out big circles
- Tape circles in a vertical line.
- Tape some footprints on top of some circles.
- Tape some footprints on each side of some circles (circle in the middle).
- Tell your children, that we are going to play a game of jump and land on our footprints (maybe model).