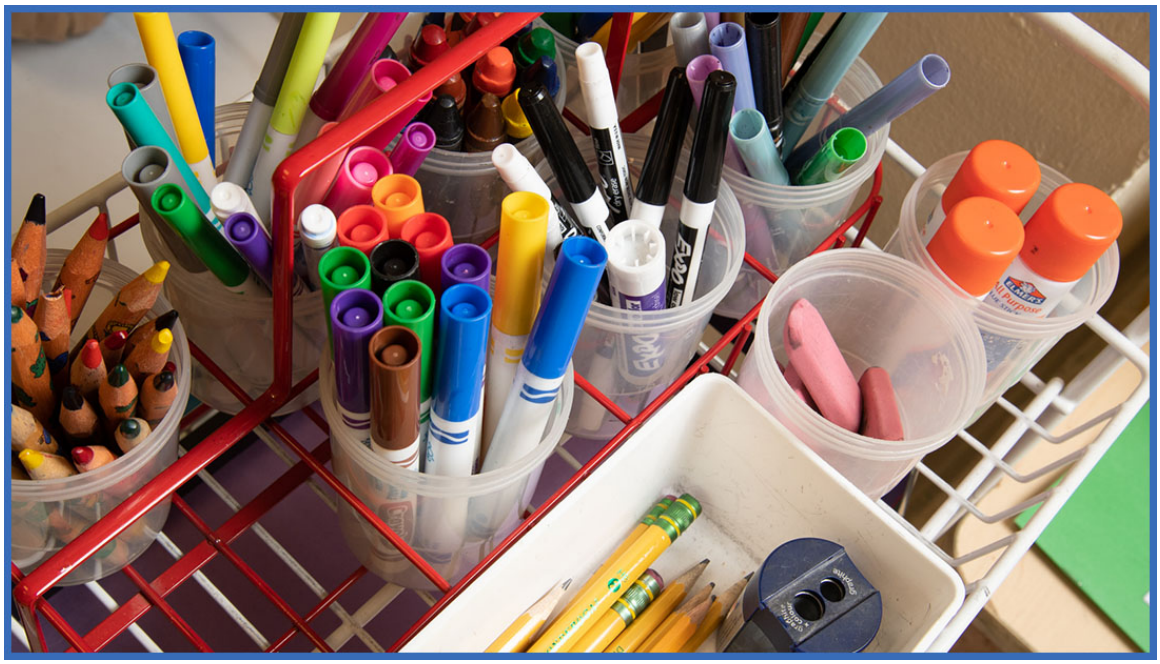
Activities and Ideas From the Therapy Team



Drawing with crayons and markers

Dry-erase boards

Shaving cream

Play dough

Collage materials and glue

Paints

Watercolors

Storybooks – read to your child and have them read to you

Create picture books with your children about their experiences

Create photo books about your family – write captions to go with pictures

Music and movement – dance to children's music with your child

Create your own daily routine with simple pictures (wake up, eat breakfast, music time)

Make puppets with your child

Do puzzles or build together with blocks with your child

Allow your child to play using water play in the sink with bubbles

Cook with your kids and take pictures of the sequences involved and ingredients used.

When organizing/ washing have your child label the items/ actions involved. Model language when appropriate.

Describe your child's play or ask open ended questions (Tell me more, What happened?)

Play board games