

**Yellow Room**  
**Gina C., Annie, and Flor**  
**Activities for the week of 03/30/2020**

**Activity 1:** Story

**Learning Objectives:** Language/Vocabulary, Social/Emotional, Creative representation, and Identifying Feelings.

**Materials:** “My School is Closed Today” book by Meredith Polsky, feelings chart, paper, crayons, and markers.

**Activity Description:**

- Teachers will email an English and Spanish copy of story to families to help children and families follow along during the read aloud.
- Teachers will read story to children and families via Zoom platform.
- Teachers will share how they feel about not being in the classroom with the children.
- Teachers will invite children to express their feelings.
- Teachers will provide a feelings chart to make connections.
- Paper, crayons, and markers to encourage self-expression.

**Extension of Learning:**

- Use puppets to tell the same story.
- Children can create their own books with help from their families to narrate.

**Activity 2:** Hand Tracing Cutouts, and Poem

**Learning Objectives:** Fine Motor, Creative Representation, Language/Vocabulary, and Health/Safety.

**Materials:** “All The little Germs” poem, paper, crayons, markers, glue or tape, and Scissors.

**Activity Description:**

- Teachers will email a copy of the poem to families to help them follow along the activity and for them to use at home.
- Teachers will demonstrate with their own hand print cutouts via Zoom platform.
- Teachers, children, and families will read aloud the poem via Zoom platform.

**At Home Activity Description:**

- Children will trace their hands on paper with crayons or markers (children's choice) with help of families if needed.
- Children will color their handprints if they wish too.
- Children can rip or cut pieces of paper with scissors (adult supervision and help).
- Children can glue or tape pieces of cutouts on their handprints.
- Children and families can pretend that pieces of cutouts are germs.
- Adults will assist children cutting out their handprints.
- Families will talk to their children about germs and the importance of hand washing.
- Families will read the poem to their children while children hold their handprint cutouts.

### **Activity 3:** Song

**Learning Objectives:** Music/Movement, Gross Motor, Language/Vocabulary, and Health/Safety.

**Materials:** "Germ Stopping Song", tissues, and your hands.

#### **Activity Description:**

- Teachers will email a copy of the song to families to help follow along during the sing-along and for them to use at home.
- Teachers will sing and demonstrate with a tissue.
- Teachers, children, and families will sing together via Zoom platform.

#### **At Home Activity Description:**

- Families can talk to their children about the importance of covering their mouth when they cough and sneeze, and about washing their hands.
- Families can model and demonstrate how to cover their mouth with a tissue or their shirt/blouse neck part, when they cough and sneeze, to not spread germs.
- Families and children can read aloud the poem at home as they wish too.

#### **Suggestions for families that have been witnessing children wanting to eat all day, due to staying home during this crisis:**

- Prepare a basket or tray with a few healthy snacks for the day.
- Talk to your children and explain to them, that they have three meals a day (breakfast, lunch, and dinner).
- Show your children their basket with healthy snacks and explain to them that the snacks are for them to enjoy in between meals. Once the snacks in their basket are finished, there won't be any more snacks for the day.

**In House Resources For Activities, Helpful Information, and Uploads:**

- [Bloomingdalefamilyprogram.org](http://Bloomingdalefamilyprogram.org) website
- Bloomingdale family Program Facebook Page
- Bloomingdale Family Program on Instagram

**Stress/Tension/Sleep Relieve Apps For Families:**

- [Calm](#)
- [Headspace](#)
- [Breathe](#)