

Daily Schedule:

Classroom #6

Mornings: While you have breakfast, ask children how they are doing? What do they think of this new situation? Talk about feelings they might be experiencing. Have a paper and pencil ready so they can draw. Once they draw ask them to talk about it. You can repeat their words to acknowledge their ideas and their feelings. (Drawing about feelings is a everyday part of our morning meeting for one child. It is a job that gets rotated so everyone has a turn.)

Planning: Ask your child what would they like to do today. What toys they want to play with. Give them a time limit of 45-50 minutes. Observe so that when you ask later what they did, you can see how they recall and use language.

Planned Activity: All planned activities will be planned ahead to help your child progress more in all levels of learning. Science, math, art, fine and gross motor skills, building skills, literacy and language. Plan activities are also for the emotional state and problem solving skills children need to develop as they grow.

This will help them to focus and concentrate as they follow through on the activity. It is important to follow through together for best results.

Exercise: Music and movement to enhance gross motor skills. Use YouTube or any form of music play to help children exercise, especially now that they are not able to use the park or go out for walks.

Lunch and Rest

Reading: Let your child look at books and try to picture read to enhance literacy.

Trying to keep a schedule and routine helps children to be consistent and develop organization.